



# OCEAN COUNTY TRAINING CENTER

## OCEAN COUNTY EMS ACADEMY

# TRAINING ANNOUNCEMENT

### OUR MISSION






The mission of the Ocean County Training Center is to reach training and service levels previously thought impossible. Through the use of the most advanced equipment, training props, and instructors we strive to improve the health of our community by educating our emergency medical services agencies.

### REGISTRATION

Registration is now open! Classes are limited and are on a first come first serve basis. Currently, there is no cost to Ocean County providers. Ocean County students are given priority. Register online <https://oceancounty.seamlessdocs.com/f/EMSCoursesReg>



### CONTACT US

-  [OCEMSAcademy@co.ocean.nj.us](mailto:OCEMSAcademy@co.ocean.nj.us)
-  609-242-8450 / FAX: 609-242-8423
-  [www.co.ocean.nj.us/OC/TrainingCenter](http://www.co.ocean.nj.us/OC/TrainingCenter)
-  200 Volunteer Way, Waretown, NJ 08758
-  [facebook.com/OCTrainingCenter](https://facebook.com/OCTrainingCenter)

*“If we have the attitude that it’s going to be a great day it usually is.”*

—Catherine Pulsifier





# Letter From the Director

We are pleased to present to the Ocean County EMS Service, the new EMS Academy course catalog. The catalog you are reading is a direct result of many hours behind the scenes and all of your feedback. We thank you for your help. Please feel free to contact us if there is a specific class or recommended topic that we should add in the future.

We want to remind the Line Officers and Training Officers that the Ocean County Training Center grounds remain available to Ocean County EMS Departments at no cost. We ask that you give us notice of at least two weeks to schedule staff to be available to assist you. If you have any questions please call the Training Center and we will be more than happy to get you the answers.

Lastly, we want to thank the many instructors who continue giving their time and talents to make this Academy shine. Without your dedication and professionalism, the Ocean County EMS Service would not be where it is today. The people who live and visit our communities are safer because of what you do. Your devotion to our profession is something to be admired.

We thank you for what you do.

Fraternally,

Robert Contreras  
Coordinator Emergency Medical Services  
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Brian Gabriel, Director  
Ocean County Training Center  
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# WINTER/SPRING 2025



Ocean County EMS Academy  
2025 Winter/Spring Semester  
Course List



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JANUARY	
<b>EMS OFFICER ORIENTATION</b> CEU's: 3 Course Length: 3 Hours Suggested Prerequisites: Current and newly elected EMS officers	1/6/2025  6:30p-9:30p
<b>NAEMT EMS SAFETY</b> CEU's: 8 Course Length: 8 Hours Suggested Prerequisites: None	1/15/2025  8:00a-5:00p
<b>EMS DEFENSE TACTICS &amp; SITUATIONAL AWARENESS</b> CEU's: 4 Course Length: 4 Hours Suggested Prerequisites: None	1/21/2025  7:00p-11:00p
FEBRUARY	
<b>CEVO – AMBULANCE</b> CEU's: 8 Course Length: 8 Hours Prerequisites: None	2/15/2025  8:00a-5:00p
<b>EVERYDAY EMT IN AN ACTIVE VIOLENCE EVENT</b> CEU's: 2 Course Length: 2 Hours Suggested Prerequisites: None	2/18/2025  7:00p-9:00p
<b>MENTAL HEALTH RESILIENCE COURSE</b> CEU's: 8 Course Length: 8 Hours Suggested Prerequisites: None	2/22/2025  8:00a-5:00p
MARCH	
<b>EMS RESPONSE TO LARGE SCALE INCIDENTS: LEVEL 1 AWARENESS</b> CEU's: 4 Course Length: 4 Hours Suggested Prerequisites: ICS-100, ICS-200	3/3/2025  6:30p-10:30p
<b>NAEMT ALL HAZARDS DISASTER RESPONSE</b> CEU's: 8 Course Length: 8 Hours Suggested Prerequisites: None	3/12/2025  8:00a-5:00p
<b>NJ EMT REFRESHER A</b> CEU's: 8 Course Length: 8 Hours Prerequisites: Current BLS/CPR card	3/22/2025  8:00a – 5:00p

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Ocean County EMS Academy  
2025 Winter/Spring Semester  
Course List



APRIL	
<b>VEHICLE EXTRICATION AWARENESS FOR EMS</b> CEU's: 4 Course Length: 4 Hours Suggested Prerequisites: None	4/15/2025  6:30p-10:30p
<b>RESPONSE &amp; PREVENTION OF BOMBING INCIDENTS</b> CEU's: 8 Course Length: 8 Hours Suggested Prerequisites: None (Two certificates to be issued)	4/16/2025  8:00a-5:00p
<b>TACTICAL EMERGENCY CASUALTY CARE (TECC)</b> CEU's: 16 Course Length: 16 Hours Suggested Prerequisites: None	4/21 & 4/22/2025  8:00a-5:00p
<b>NJ EMT REFRESHER B</b> CEU's: 8 Course Length: 8 Hours Prerequisites: Current BLS/CPR card	4/27/2025  8:00a – 5:00p
MAY	
<b>ICS - 200</b> CEU's: 8 Course Length: 16 Hours Prerequisites: ICS 100, ICS 700	5/14 & 5/15/2025  8:00a – 5:00p
<b>PRE-HOSPITAL TRAUMA LIFE SUPPORT (PHTLS)</b> CEU's: 16 Course Length: 16 Hours Prerequisites: None	5/17 & 5/18/2025  8:00a – 5:00p
<b>NJ EMT REFRESHER C</b> CEU's: 8 Course Length: 8 Hours Prerequisites: Current BLS/CPR card	5/18/2025  8:00a – 5:00p
JUNE	
<b>MEDICAL UNIT LEADER</b> CEU's: 8 Course Length: 8 Hours Prerequisites: EMT or Paramedic	6/5/2025  8:00a – 5:00p
FALL 2025 – PREVIEW	
<b>TEEX – PEDIATRIC DISASTER RESPONSE</b>	10/8 & 10/9/2025

# Course Descriptions

## **CEVO – AMBULANCE 5**

This National Safety Council program, Coaching the Emergency Vehicle Operator, is an interactive case-based program designed to help the EMS driver.

**CEU's:** 8

**Course Length:** 8 Hours

**Prerequisite:** None

## **EMS DEFENSE STRATEGIES & SITUATIONAL AWARENESS**

The purpose of this course is to give the EMT/First Responder the tools to navigate a potentially harmful situation, by using skills to diffuse if possible, and when all else fails, and force must be used, how to properly apply the legal amount of force to protect the EMT/First Responder themselves, their teammates, other bystanders, and the patient. Topics include: Situational Awareness, Legal Use of Force Continuum, Diffusion techniques, How to protect oneself from a variety of attacks, How to come to the aid of another when they are being attacked, and What to do when weapons become involved.

**CEU's:** 4

**Course Length:** 4 Hours

**Prerequisites:** None

## **EMS OFFICER ORIENTATION**

This 4-hour traditional classroom-based course is aimed at providing the new and current EMS officer guidance in resources available from within Ocean County. Topics include information about the EMS coordinators, EMS resources, training academy, and some general expectations from the officers.

**CEU's:** 3

**Course Length:** 3 Hours

**Prerequisites:** Current and newly elected EMS Officers

# Course Descriptions

## **EMS RESPONSE TO LARGE-SCALE INCIDENT: LEVEL 1 AWARENESS**

This class is being conducted on behalf of the New Jersey EMS Task Force. This instructor-led entry-level program prepares the Emergency Medical Services provider for response to a “high profile” or large-scale incident. Topics to be included are Planning, EMS’ role in the ICS system, Scene Safety, Communications, Triage of multiple casualties, Treatment of patients in the MCI and differences to normal procedures and Transportation of the injured.

**CEU’s:** 4

**Course Length:** 4 Hours

**Suggested Prerequisite:** ICS 100, 1CS 200

## **EVERYDAY EMT IN AN ACTIVE VIOLENCE EVENT**

The purpose of this course is to make the everyday EMT aware of what constitutes an Active Violence Event; what their role, and that of other First Responders, are or can be; the dangers of such an event, and the aftermath of an Active Violence Event. Topics Include: The RTF/TEAMS Medics, Rapid Triage, Casualty Collection Point (CCP), My safety and My teams safety, and What to do when I am not on Duty.

**CEU’s:** 2

**Course Length:** 2 Hours

**Prerequisite:** None

## **ICS 200**

ICS 200 is designed to enable personnel to operate efficiently during an incident or event within the Incident Command System (ICS). ICS-200 provides training on and resources for personnel who are likely to assume a supervisory position within the ICS.

**CEU’s:** 8

**Course Length:** 16 Hours

**Prerequisite:** ICS 100/NIMS 700



# Course Descriptions

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## **MEDICAL UNIT LEADER**

This course provides EMS personnel with an introduction to the role and responsibility of the Medical Unit Leader in a large scale operation. This course will cover responsibilities from mobilization to demobilization, including planning and establishing the Medical Unit and Aid Stations, important principles of incident rehabilitation, risk assessment, managing non-urgent medical complaints of responders, and writing an ICS 206 Medical Plan.

**CEU's:** 8

**Course Length:** 8 Hours

**Prerequisite:** EMT or Paramedic

## **MENTAL HEALTH RESILIENCE OFFICER (NAEMT)**

The Mental Health Resilience Officer (MHRO) course prepares EMS personnel to serve as their agency's Mental Health Resilience Officer. In this role, the MHRO will engage with peers to develop an understanding of mental health issues and resilience; identify peers who are experiencing mental health stressors and crises; navigate peers in need to the right services for help; and support the development of a culture of mental health resilience and emotional wellness within the agency.

**CEU's:** 8

**Course Length:** 8 Hours

**Prerequisite:** None

# Course Descriptions

## **NAEMT ALL HAZARDS DISASTER RESPONSE (AHDR)**

The All Hazards Disaster Response (AHDR) course employs a systems-based approach to disaster preparedness and response, with a focus on caring for ill and injured patients during a mass-casualty incident or disaster. The course teaches students how to respond to the many types of disaster scenarios they may encounter, including natural disasters, infrastructure failings, fires and radiological events, pandemics, active shooter incidents, and other mass casualty events. AHDR educates participants on the critical actions required to support patient and practitioner safety during disaster response.

**CEU's:** 8

**Course Length:** 8 Hours

**Prerequisite:** None

## **NAEMT EMS SAFETY**

NAEMT's 3rd edition EMS Safety course teaches students how to protect themselves and their patients while on the job. It promotes a culture of safety and helps reduce the number of on-the-job fatalities and injuries. EMS Safety is the only national, comprehensive safety course for EMS practitioners. Its interactive format features real-life case studies and compelling discussions on current safety issues, and provides students with a forum to share their own experiences. Course activities allow students to apply critical thinking and best safety practices to EMS scenarios

**CEU's:** 8

**Course Length:** 8 Hours

**Prerequisite:** None

# Course Descriptions

## **NJ EMT REFRESHER**

NJ EMT's must successfully complete both a 24-hour EMT Refresher program broken into three 8-hour blocks (A, B, and C) and 24 elective CEU credits as well as maintain current BLS CPR certification. Moreover, the Refresher Courses receive NJ OEMS approval for the renewal of NJ Emergency Medical Technicians.

The goal of this course is to review common skills employed by EMTs while responding to 911 calls for emergency medical assistance, such as cardiopulmonary resuscitation (CPR) or bandaging a wound. Additionally, participants will employ patient assessment skills to determine the best course of treatment. So that participants may continue to provide appropriate first-aid treatment or life support care to sick or injured patients.

Intended Audience: NJ EMT's looking to recertify their credential and expired EMT's looking to obtain the NREMT skills competency to challenge the exam.

**Prerequisites:** Current BLS/CPR card

## **NJ REFRESHER A COURSE**

Topics include airway management, assisted and artificial ventilation, CPAP protocols, oxygen administration, patient assisted and administered medications, respiratory distress protocols, and respiratory emergencies

## **NJ REFRESHER B COURSE**

Topics include cardiac, endocrine, GI/GU immunologic, neurologic, OB/GYN, and respiratory, emergencies. Additionally, we review patient assisted and administered medications and BLS CPR skills

## **NJ REFRESHER C COURSE**

Topics include abdominal, chest, head and neck, orthopedic, soft tissue injuries and bleeding control. We review and assess your bleeding control and bandaging as well as splinting skills.

# Course Descriptions

## PRE-HOSPITAL TRAUMA LIFE SUPPORT (PHTLS)

PHTLS courses improve the quality of trauma care and decrease mortality. The program is based on a philosophy stressing the treatment of the multi-system trauma patient as a unique entity with specific needs. PHTLS promotes critical thinking as the foundation for providing quality care. It is based on the belief that, given a good fund of knowledge and key principles, EMS practitioners are capable of making reasoned decisions regarding patient care. Patient simulations

**CEU's:** 16

**Course Length:** 16 Hours

**Prerequisite:** None

## PREVENTION AND RESPONSE TO BOMBING INCIDENTS

This is a two-part course: Part 1: *The Prevention of Bombing Incidents*: which is designed to provide emergency first responders with the skills to help in the prevention of criminal and terrorist bombing incidents as well as adding awareness to threats and trending ideologies. Participants will develop skills on how to prevent, deter, and mitigate the effects of a bomber through the implementation of countermeasures and defensive concepts. Part 2: *The Response to Bombing Incidents, Residential (RBI)* course trains emergency personnel of all disciplines to respond to the growing number of bombing incidents across the United States. This course guides participants through bombing response challenges, bombing threat response considerations, including evaluating threats when making evacuation vs. shelter-in-place decisions, and response priorities following the immediate aftermath of a bombing.

**CEU's:** 8

**Course Length:** 8 Hours

**Prerequisite:** None (Two individual certificates will be issued)

# Course Descriptions

## TACTICAL EMERGENCY CASUALTY CARE (TECC)

The Tactical Emergency Casualty Care (TECC) program is based on the principles of Tactical Combat Casualty Care (TCCC) and meets the guidelines established by the Committee on Tactical Emergency Casualty Care (CoTECC). The course teaches civilian tactical EMS; any practitioner called upon to respond to a mass casualty or active shooter event.

**CEU's:** 16

**Course Length:** 16 Hours

**Prerequisite:** None

## VEHICLE EXTRICATION AWARENESS

This class meets the requirement of NFPA 1006 for vehicle extrication awareness level, which is the first step for responding to motor vehicle accidents with entrapment. The lecture will discuss vehicle construction, modern vehicle hazards, extrication equipment, and basic stabilization.

**CEU's:** 4

**Course Length:** 4 Hours

**Prerequisite:** None

Bravery is the capacity  
to perform properly even  
when scared half to  
death.

- Omar N. Bradley





# Register Online:



<https://oceancounty.seamlessdocs.com/f/EMSCoursesReg>







# Ocean County Training Center EMS ACADEMY

200 Volunteer Way  
Waretown, NJ 08758

Office: 609-242-8450 Email: [OCEMSAcademy@co.ocean.nj.us](mailto:OCEMSAcademy@co.ocean.nj.us) Fax: 609-242-8423

## STUDENT INFORMATION

Full Name:		Date:	
<i>Last</i>	<i>First</i>	<i>MI</i>	
Address:		<i>Apartment #</i>	
<i>Street Address</i>		<i>City</i>	<i>State</i> <i>ZIP Code</i>
Phone:	Email:		
Date of Birth:	Social Security No.: <i>XXX-XX-</i>	EMS ID #:	

## AGENCY INFORMATION

EMS AGENCY:	PHONE:
AGENCY OFFICER:	EMAIL:
AGENCY ADDRESS:	

## COURSE INFORMATION

COURSE TITLE:	
COURSE DATE(S):	

SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

## INSTRUCTIONS

1. Please complete the form in its entirety. Incomplete forms will not be accepted.
2. A separate form is required for each course.
3. There is no phone registration.
4. Forms can be submitted via:

EMAIL: [ocemsacademy@co.ocean.nj.us](mailto:ocemsacademy@co.ocean.nj.us)

FAX: 609-242-8423

MAIL: 200 Volunteer Way Waretown, NJ 08758

*Priority will be given to Ocean County students*

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COURSE REGISTRATION





# Ocean County Training Center EMS ACADEMY

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COURSE REGISTRATION

## STUDENT INFORMATION

Full Name: _____		Date: _____
<i>Last</i>	<i>First</i>	<i>MI</i>
Address: _____		
<i>Street Address</i>	<i>Apartment #</i>	
<i>City</i>	<i>State</i>	<i>ZIP Code</i>
Phone: _____	Email: _____	
Date of Birth: _____	Social Security No.: XXX-XX-_____	EMS ID #: _____

## AGENCY INFORMATION

EMS AGENCY: _____	PHONE: _____
AGENCY OFFICER: _____	EMAIL: _____
AGENCY ADDRESS: _____	

## COURSE INFORMATION

COURSE TITLE:	_____
COURSE DATE(S):	_____

SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

## INSTRUCTIONS

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SOME PEOPLE SPEND  
THEIR WHOLE LIVES  
WONDERING IF THEY  
MADE A DIFFERENCE.



SOME DON'T HAVE  
THAT PROBLEM.