



Ocean County Office of Senior Services

732-929-2091 or 800-668-4899

Join Upcoming Events



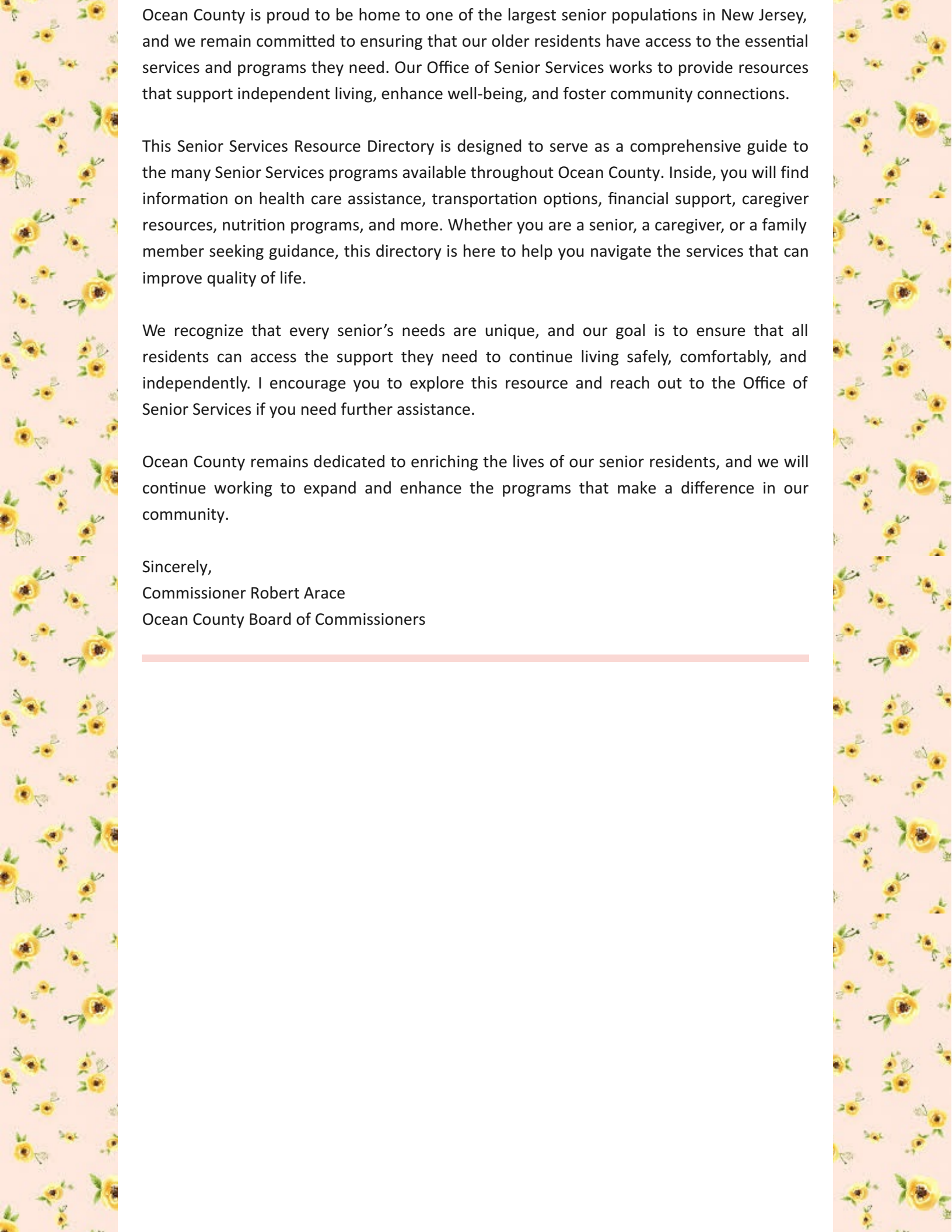
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Resource Directory



Dear Ocean County Residents,



Ocean County is proud to be home to one of the largest senior populations in New Jersey, and we remain committed to ensuring that our older residents have access to the essential services and programs they need. Our Office of Senior Services works to provide resources that support independent living, enhance well-being, and foster community connections.

This Senior Services Resource Directory is designed to serve as a comprehensive guide to the many Senior Services programs available throughout Ocean County. Inside, you will find information on health care assistance, transportation options, financial support, caregiver resources, nutrition programs, and more. Whether you are a senior, a caregiver, or a family member seeking guidance, this directory is here to help you navigate the services that can improve quality of life.

We recognize that every senior's needs are unique, and our goal is to ensure that all residents can access the support they need to continue living safely, comfortably, and independently. I encourage you to explore this resource and reach out to the Office of Senior Services if you need further assistance.

Ocean County remains dedicated to enriching the lives of our senior residents, and we will continue working to expand and enhance the programs that make a difference in our community.

Sincerely,
Commissioner Robert Arace
Ocean County Board of Commissioners

Age Well in Ocean County

Senior Services Office Locations

One Stop Center
1027 Hooper Ave,
Building #2, 1st Floor,
Toms River, NJ
08754

County Connection
Ocean County Mall
near JcPenney
1201 Hooper Ave,
Toms River, NJ
08753

Ocean County
Southern Service Center
179 South Main St.
Manahawkin, NJ
08050



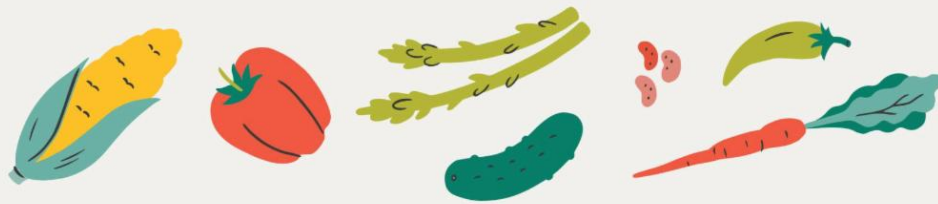
Call (732) 929-2091
for more information



Service provided by the Ocean County Board of Commissioners

With over 200,000 seniors living in Ocean County, the Ocean County Board of Commissioners provides services and programs that will help seniors continue to live independently and with a good quality of life.

The Ocean County Office of Senior Services serves as a comprehensive resource hub, offering information on transportation, housing, PAAD (Pharmaceutical Assistance for the Aged and Disabled), Senior Gold, Medicare, Medicaid, Energy Assistance, Senior Centers, Property Tax Relief programs, Caregiver Resources, Home Delivered Meals, and a wealth of other essential services.



Get help buying groceries.

SNAP is New Jersey's food assistance program that can help families buy groceries.

Eligible households receive at least \$95 monthly.

Visit njsnap.gov



Senior Services can assist in filling out the SNAP applications. Give our office a call at 732-929-2091.

OLDER AMERICANS MONTH



FLIP THE SCRIPT ON AGING: MAY 2025

Older Americans Month 2025

Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month (OAM), a time to recognize older Americans' contributions, highlight

aging trends, and reaffirm our commitment to serving older adults.

The 2025 theme, Flip the Script on Aging, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, join us in honoring older adults' contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging.

Stories build community and connect us (even if we can't be physically together). Whether you're a group of friends, a neighborhood community, or an organization, stories are a great way to learn about and engage with others. As you plan, remember that everyone has different interests, access to technology, and comfort levels. The best sharing activities are those where people feel encouraged and at ease.



ST. FRANCIS
COMMUNITY CENTER

INVITES YOU TO
**THE SENIOR
EMPLOYMENT
ASSISTANCE (SEA)
PROGRAM OPEN HOUSE!**



THURS. FEBRUARY 27TH, 2025

10AM-12:30PM

1258 ROUTE 166, TOMS RIVER, NJ

CALL TO PRE-REGISTER

732-281-8653

**LEARN ABOUT JOB OPPORTUNITIES FOR 55+
MEET LOCAL EMPLOYERS & RESOURCES
FREE CPR TRAINING FOR PROGRAM ENROLLEES!**



Do you live in Ocean County?

We want to hear from you!

Ocean County Office of Senior Services is partnering with the **Ocean County Health Department** to gather data about the **strengths, ideas, and needs of people** living in Ocean County.

We need your voice to know about your experiences and the experiences of people you care about.



Your response will inform a plan to make Ocean County a more **healthy, fair, and welcoming place** to live and work **for everyone.**

What do I need to do?

- This is **ANONYMOUS** – we do not want your name!
- Scan the QR code with your phone's camera.
- Or, go to:
https://www.research.net/r/OCOSS_OCHD_25
- There are 24 multiple-choice and fill in the blank questions. Let us know what you think!
- It should take about 10 minutes.



To share your feedback,
**scan the QR code
with your camera.**



A New Jersey Certified WBE and SBE



Ocean County Office of Senior Services on the Go!

INFORMATION TOPICS:

- MEDICARE (SHIP COUNSELING)
- OLDER AMERICANS ACT PROGRAMS
- SNAP
- NJSAVE
- CAREGIVER RESOURCES
- UTILITY ASSISTANCE
- PROPERTY TAX PROGRAMS



Scan the code to reserve our mobile unit and explore our interactive calendar.

If your association would like the mobile unit to visit your clubhouse to help with completing an application or to provide information about our programs, please call us at 732-929-2091.



The Office of Senior Services is here to help!



More information can be seen at: www.co.ocean.nj.us/seniorservices



HEARD THE WORD?



**The Division of Taxation's
2024 NJ Property Tax Relief Programs,
will now be combined into
one easy application!**



Apply Online

Repair Highlight

Vinny



Vinny is a Coast Guard veteran and proudly displays memorabilia around his home. He reached out to Northern Ocean Habitat for Humanity with concerns about his leaking roof and drafty windows. After going through the application process, our construction staff and volunteers replaced his roof and all 14 of his windows, addressing the health and safety issues in the home. Thank you to [Ocean County Senior Services](#) for the funding of this repair!



“Everyone at Habitat was very professional, nice, and thorough. To have a brand new roof and windows is just amazing. Thank you so much for everything and god bless, Vinny.”





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[Presentation Request](#)

**1027 Hooper Avenue
Bldg. 2
Toms River, New Jersey, 08754
Phone 1-732-929-2091,
1-800-668-4899**

Ocean County Office of Senior Services | PO Box 2191 | Toms River, NJ 08754 US

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