

ALLIED PROGRAMS AND SERVICES

Community Disaster Response Crisis Counseling

NJ Disaster Mental Health Helpline	877-294-4357
Ocean County Department of Human Services	732-506-5374
Psychiatric Emergency Screening Services	732-886-4474

Substance Use Disorder Hotlines

Hope Sheds Light	855-850-4673
MHA NJ Connect For Recovery	855-652-3737
NJ Addiction Services Hotline—Rutgers UBHC	844-276-2777
Reach NJ reachnj.gov/	844-732-2465

Substance Use Disorder Services

Bright Harbor Healthcare	732-575-1111
Integrity House—Toms River	973-623-0600
Iron Recovery and Wellness Center	609-394-8988
Ocean County Health Department	732-341-9700
Preferred Behavioral Health Group	732-367-4700
St. Francis Counseling Services	609-494-1554

Benefit and Entitlement Programs

Medicare and Medicaid (www.cms.gov)	800-633-4227
NJ Family Care (www.njfamilycare.org)	800-701-0710
NJ Helps <i>self screen for 28+ social services</i> www.NJHelps.org	732-349-1500
Ocean County Board of Social Services	732-349-1500
Social Security Administration (www.ssa.gov)	800-772-1213
Temporary Disability: For information and to submit a claim visit myleavebenefits.nj.gov	
US Department of Veteran's Affairs (www.va.gov)	800-827-1000

Health Care Services, Information & Education

CHEMED Health Center	732-364-6666
www.chemedhealth.org	1771 Madison Ave., Lakewood
Ocean County Health Department*	732-341-9700
www.ochd.org	175 Sunset Ave., Toms River
*Email info@ochd.org for a Health Department Resource Guide	
Ocean Health Initiatives, Inc.	732-363-6655
www.ohinj.org	Toms River Stafford Lakewood

Emergency Housing/Homeless Services

Affordable Housing Alliance	732-389-2958
Just Believe, Inc.	732-279-6157
NJ Housing Resource Center	877-428-8844
www.nj.gov/njhrc	
Ocean County Board of Social Services	732-349-1500
<i>After Hours/Weekends, please call 2-1-1</i>	
The Hope Center	732-341-4447

ADDITIONAL MENTAL HEALTH PROGRAMS

(most programs require referral and certain eligibility)

Partial Care Programs

Advanced Behavioral Care Services	732-961-9666
Bright Harbor Healthcare	732-575-1111
Center for Vocational Rehabilitation	732-544-1800
Community Resource Center	732-255-9102
New Future Dreams	732-886-7128
Preferred Behavioral Health Group	732-367-4700
RWJBarnabas Behavioral Health Center	732-914-1688
Taylor Care	609-879-2233

Residential Services

Bright Harbor Healthcare	732-575-1111
Community Enterprises Corporation	732-637-5189
NJ Supportive Housing Connection	844-216-6988
Preferred Behavioral Health Group	732-367-4700
Resources for Human Development	732-920-5000
Triple C Housing	732-658-6636

Programs of Assertive Community Treatment (PACT)

Bright Harbor Healthcare	732-575-1111
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Integrated Case Management Services (ICMS)

Preferred Behavioral Health Group	732-323-3664
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Supported Employment Training

Center for Vocational Rehabilitation	732-544-1800
Community Resource Center	732-255-9102
Ocean County Career Center	732-240-5995
PathStone Corporation	732-849-3705
Pathways to Success	848-480-0913
Preferred Behavioral Health Group	732-367-5439

Intensive Family Support Services (IFSS)

Bright Harbor Healthcare	732-575-1111
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Senior Services

Ocean County Senior Services	732-929-2091
Preferred Behavioral Health Group	732-367-4700
RWJBarnabas Behavioral Health Center	800-300-0628

Justice Involved Services

Preferred Behavioral Health Group	732-323-3664
Bright Harbor Healthcare - On Point Program	732-269-4849
Psychiatric Emergency Screening Services	732-886-4474
NJ Reentry Corporation	848-238-7000

There is hope.



If you or someone you know
needs support now:
Call or text 9-8-8
or
chat 988lifeline.org



24/7 CALL, TEXT, CHAT

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**OCEAN COUNTY
DEPARTMENT OF HUMAN SERVICES
MENTAL HEALTH (MH) UNIT**
1027 HOOPER AVENUE
BUILDING 2, 3RD FLOOR
TOMS RIVER, NJ 08754
732-506-5374 | OCEANDHS.ORG

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MAY 2024

THIS DIRECTORY AIMS TO PROVIDE INFORMATION REGARDING
COMMUNITY RESOURCES. RESOURCES LISTED ARE NOT EVALUATED
NOR DO THE PROVISIONS OF INFORMATION ABOUT A RESOURCE
CONSTITUTE ENDORSEMENT. OMISSION OF A RESOURCE DOES NOT
SIGNIFY DISAPPROVAL.

Ocean County Mental Health Resource Directory

2024 Edition



Crisis Services

Suicide & Crisis Lifeline <i>Call or text to connect with a trained counselor</i> www.988lifeline.org	9-8-8
Community Medical Center Crisis Center www.rwjbh.org 99 Route 37 West, Toms River	732-557-8000
CONTACT of Monmouth & Ocean Counties	732-240-6100
Ocean Medical Center Crisis Center www.oceanmedicalcenter.com 425 Jack Martin Blvd., Brick	732-836-4664
Psychiatric Emergency Screening Services www.rwjbh.org 600 River Ave., Lakewood	732-886-4474
Southern Ocean Medical Crisis Center www.southernoceanmedicalcenter.com 1140 Rt. 72 West, Manahawkin	609-978-8972
St. Francis Counseling - Sexual Assault Hotline www.stfranciscenterlbi.org	609-494-1090
<u>Early Intervention Support Services</u>	
CREST www.brightharbor.org Toms River Manahawkin	732-240-3760
Legacy Treatment Services 2224 Whitesville Rd., Toms River	848-221-3022
<u>Inpatient Services</u>	
Carrier Clinic www.carrierclinic.org P.O. Box 147, Belle Mead	800-933-3579
Hampton Behavioral Health www.hamptonhospital.com 650 Rancocas Rd., Westampton Twp.	800-603-6767
Jersey Shore University Medical Center www.jerseyshoreuniversitymedicalcenter.com 1945 Rt. 33, Neptune	732-776-4369
Northbrook Behavioral Health www.northbrookbhh.com 425 Woodbury-Turnersville Rd., Blackwood	856-374-6500
Princeton House Behavioral Health www.princetonhcs.org 741 Mt. Lucas Rd., Princeton	888-437-1610

Mental Health Hotlines

Suicide & Crisis Lifeline <i>Call or text to connect with a trained counselor</i> www.988lifeline.org	9-8-8
2nd Floor Youth Helpline <i>Call or text to connect with a trained counselor</i> www.2ndfloor.org	888-222-2228
CONTACT of Monmouth & Ocean Counties	732-240-6100
MHANJ Peer Recovery Warm Line	877-292-5588
NJ Cop2Cop	866-267-2267
NJ Mental Health Cares njmentalhealthcares.org	866-202-4357
NJ Vet2Vet	866-838-7654
Perinatal Mood & Anxiety Disorder	800-328-3838
RWJBarnabas Health Access Center	800-300-0628

Children's Behavioral Health Services

PerformCare www.performcarenj.org	877-652-7624
<i>For NJ youth, this line is the single point of access to a wide array of behavioral health, I/DD, and SUD services</i>	
Bright Harbor Healthcare www.brightharbor.org Bayville Brick Manahawkin Toms River	732-575-1111
Catholic Charities Family Growth Program	800-360-7711
Lakewood Community Services Corp. www.thelcsc.org Lakewood	732-886-6964
Ocean Family Support Organization (FSO) www.oceanfso.org 36 Washington St., Suite 2, Toms River	732-569-6334
Ocean Partnership For Children www.oceanpartnership.org www.oceanresourcenet.org 36 Washington St., Suite 1, Toms River	732-202-1585
Preferred Behavioral Health Group www.preferredbehavioral.org	732-367-4700
St. Francis Counseling Service www.stfranciscenterlbi.org 4700 Long Beach Blvd., Long Beach	609-494-1554
YMCA of Greater Monmouth	732-290-9040

Outpatient Counseling & Psychiatry Services

Bright Harbor Healthcare www.brightharbor.org Bayville Brick Manahawkin Toms River	732-575-1111
Lakewood Community Services Corp. www.thelcsc.org Lakewood	732-886-6964
Ocean Insight Center 1749 Hooper Ave., Suite 202, Toms River	732-930-1020
Preferred Behavioral Health Group www.preferredbehavioral.org 700 Airport Rd., Lakewood	732-367-4700
Stepping Stones at RWJBarnabas Health www.rwjbh.org 1691 Rt. 9, Toms River	800-300-0628
St. Francis Counseling Service www.stfranciscenterlbi.org 4700 Long Beach Blvd., Long Beach	609-494-1554
<u>Intensive Outpatient Treatment & Support Services (IOTSS)</u>	
Preferred Behavioral Health Group www.preferredbehavioral.org 725 Airport Rd., Suite 7G, Lakewood	732-267-1510
<u>Co-Occurring Services (Mental Illness & Substance Abuse)</u>	
Advanced Behavioral Care 501 Prospect St., Bldg. 1A Suite 8, Lakewood	732-961-9666
Bright Harbor Healthcare www.brightharbor.org 160 Rt. 9, Bayville	732-575-1111
New Future Dreams, Co-Occurring Partial Care 127 7th St., Lakewood	732-886-7128
Preferred Behavioral Health Group www.preferredbehavioral.org 700 Airport Rd., Lakewood	732-367-4700

Looking for other services? Visit www.oceandhs.org for an online version of this and other resource guides.

Projects for Assistance in Transition from Homelessness (PATH)

Bright Harbor Healthcare	732-575-1111
Preferred Behavioral Health Group	732-367-4700

Self Help Centers & Consumer-Led Programs

Brighter Days Community Wellness Center 268 Bennetts Mills Rd., Jackson	732-534-9960
Journey to Wellness Program 25 South Shore Dr., Toms River	732-244-0940
National Coalition for Mental Health Recovery www.ncmhr.org	202-642-4480
New Jersey Self-Help Clearinghouse www.njgroups.org	800-367-6274

Family Support /Advocacy Groups

National Alliance on Mental Illness (NAMI) www.namini.org P.O. Box 1436, Toms River	732-244-4401
Ocean Family Support Organization (FSO) www.oceanfso.org 36 Washington St., Suite 2, Toms River	732-569-6334

Advocacy Resources

Community Health Law Project www.chlp.org 250 Washington St., Suite 5, Toms River	732-380-1012
Mental Health Association of NJ www.mhanj.org 673 Morris Ave., Suite 100, Springfield	973-571-4100
South Jersey Legal Services www.isnj.org/sjls 215 Main St., Toms River	800-496-4570

Information & Referral Resources

CONTACT of Ocean and Monmouth Counties www.contactoceanmonmouth.org	732-240-6105
NJ211.org, or dial 2-1-1 from a landline or mobile phone	
NJ Div. of Mental Health & Addiction Services https://www.state.nj.us/humanservices/dmhas/home/	800-382-6717
New Jersey Self-Help Clearinghouse www.njgroups.org	800-367-6274
Ocean Resource Net	www.oceanresourcenet.org