

## Important Flu Facts

All people 6 months of age and older should get vaccinated against seasonal flu every year.

Children younger than 6 months are at high risk of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.

Vaccination is especially important for pregnant women and people with chronic diseases.

The flu vaccine protects against several different flu viruses (strains). Flu vaccines are updated every year to better match the viruses circulating in the public.

Getting the flu vaccine cannot give you the flu! The vaccine is made with inactive (killed) virus strains which are not infectious.

For additional information please visit our website at [www.ochd.org](http://www.ochd.org) or download a vaccine information statement at

<https://www.cdc.gov/vaccines/hcp/vis/vis-statements/flu.html>

(732) 341-9700 Ext. 7290



**Public Health**

## Download our Ocean County Health Department App

Stay informed with important notices about Ocean County and our upcoming Flu and COVID-19 vaccination clinics!

Scan this QR code on your phone to download the app now!



Homebound Flu & COVID vaccine program is available for residents who are restricted to their home.

Call to schedule:

732-341-9700 Ext. 7290

## Protect yourself from Respiratory illness.

- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Consider wearing a facial covering when necessary.
- Wash your hands often with soap and water or use an alcohol-based hand rub.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Avoid touching your eyes, nose, or mouth.

### OCEAN COUNTY BOARD OF COMMISSIONERS

Barbara Jo Crea, *Director*  
Gary Quinn, *Deputy Director*  
Virginia E. "Ginny" Haines  
John P. Kelly  
Frank Sadeghi

### OCEAN COUNTY BOARD OF HEALTH

John J. Mallon, *Chairperson*  
Senator Robert Singer, *Vice Chairperson*  
Veronica A. Laureigh, *Secretary-Treasurer*  
Jennifer Bacchione  
Dr. Avinash Gupta M.D.  
Maurice "Mo" B. Hill, Jr., D.M.D.  
Dr. Teri Kubiel, DNP  
Henry Mancini  
Ruthanne Scaturro

Gary Quinn, *Commissioner Liaison to Ocean County Board of Health*  
Barbara Jo Crea, *Commissioner Liaison to Local Advisory Committee on Alcoholism and Drug Abuse*



**Ocean County Health Department**

**2024- 2025 Seasonal Influenza and COVID-19 Vaccination Sites**

## The Flu Ends with U!

Influenza and COVID-19 vaccinations are provided at no out of pocket expense for Ocean County Residents with provided **Insurance.**

Individuals who do not have insurance can still receive a vaccine through our uninsured cost program.

## COVID-19

**Vaccinations for 6 months and older at all vaccine locations.**

Residents requesting a Pneumonia vaccination can schedule an appointment at our vaccine clinics.

**Appointments Preferred for all locations. Visit [www.OCHD.org](http://www.OCHD.org).**



# Ocean County Health Department

10/08/24 **Tuesday** 10:00 AM – 12:00 PM  
Fawn Lakes Community Center  
6 Sycamore Road, Manahawkin

10/11/24 **Friday** 10:00 AM – 1:00 PM  
Waretown Community Center  
239 11th St, Waretown

10/12/24 **Saturday** 10:00 AM – 1:00 PM  
YMCA – Toms River  
1088 Whitty Road, Toms River

10/15/24 **Tuesday** 1:00 PM - 4:00 PM  
Seaside Heights Recreation Center  
1000 Bay Boulevard, Seaside Heights

10/16/24 **Wednesday** 10:00 AM - 1:00 PM  
Thorton Community Center  
319 W. Calabrese Way, Little Egg Harbor

10/16/24 **Wednesday** 3:00 PM – 6:00 PM  
Cassville Fire Department  
785 Miller Road, Jackson

10/17/24 **Thursday** 10:00 AM - 1:00 PM  
Toms River Senior Center  
652 Garfield Ave, Toms River

10/18/24 **Friday** 10:00 AM - 1:00 PM  
Ocean County Fire and EMS Academy  
200 Volunteer Way, Waretown

10/18/24 **Friday** 11:00 AM – 1:00 PM  
Plumsted Health Fair  
131 Evergreen Road, New Egypt

10/19/24 **Saturday** 10:00 AM - 1:00 PM  
South Toms River Recreation Center  
1 Drake Lane, South Toms River

10/21/24 **Monday** 11:00 AM – 4:00 PM  
Stockton University at Manahawkin  
712 East Bay Avenue, Manahawkin

10/22/24 **Tuesday** 10:00 AM – 1:00 PM  
Manchester Branch of the Ocean County Library  
21 S. Colonial Drive, Manchester

10/23/24 **Wednesday** 10:00AM – 1:00PM  
Holiday City South Club House  
139 Santiago Drive, Toms River

10/24/24 **Thursday** 10:00 AM- 1:00 PM  
Island Heights Municipal Building  
One Wanamaker, Island Heights

10/25/24 **Friday** 1:00 PM –4:00 PM  
Toms River Branch of the Ocean County Library  
101 Washington St, Toms River

10/29/24 **Tuesday** 10:00 AM – 1:00 PM  
Holiday Heights Club House  
96 Price Charles Drive, Toms River

11/01/24 **Friday** 10:00 AM - 1:00 PM  
Bay Avenue Recreation Center  
775 East Bay Ave, Manahawkin

11/04/24 **Monday** 10:00 AM - 1:00 PM  
Manchester Twp. EMS Annex  
82 Lacey Road, Whiting

11/06/24 **Wednesday** 10:00AM- 1:00PM  
Lacey Community Center  
15 East Lacey Road, Forked River

11/08/24 **Friday** 10:00 AM - 1:00 PM  
Brick Senior Center  
500 Aurora Place, Brick

11/12/24 **Tuesday** 10:00 AM - 1:00 PM  
Silver Ridge Park East Clubhouse  
979 Edgebrook Drive North, Berkeley

11/12/24 **Tuesday** 10:00AM – 1:00 PM  
Ocean County Connection (O.C. Mall)  
1201 Hooper Ave, Toms River

11/13/24 **Wednesday** 10:00 AM- 1:00 PM  
Point Pleasant Beach Fire House  
614 Laurel Ave, Point Pleasant Beach

11/14/24 **Thursday** 10:00 AM – 1:00 PM  
Beachwood Community Center  
147 Compass Ave, Beachwood

11/16/24 **Saturday** 10:00 AM – 1:00PM  
Ocean County Fire and EMS Academy  
200 Volunteer Way, Waretown

11/19/24 **Tuesday** 1:00 PM – 4:00 PM  
Lakehurst Community Center  
207 Center Street, Lakehurst

11/20/24 **Wednesday** 3:00 PM - 6:00 PM  
Thorton Community Center  
319 W. Calabrese Way, Little Egg Harbor

11/21/23 **Thursday** 1:00 PM - 4:00 PM  
Bayville Elks  
247 Route 9, Bayville

12/3/24 **Tuesday** 1:00 PM – 4:00 PM  
Plumsted Branch of the Ocean County Library  
119 New Egypt-Allentown Rd., Plumsted

12/4/24 **Wednesday** 1:00PM – 4:00PM  
Seaside Heights Recreation Center  
1000 Bay Boulevard, Seaside Heights

12/05/24 **Thursday** 3:00 PM - 6:00 PM  
St. Mary's by the Sea Episcopal Church  
804 Bay Avenue, Point Pleasant Beach

12/06/24 **Friday** 10:00 AM – 1:00PM  
Brick Branch of the Ocean County Library  
301 Chambers Bridge Road, Brick

12/10/24 **Tuesday** 10:00 AM – 1:00 PM  
Bay Avenue Recreation Center  
775 East Bay Ave, Manahawkin

12/12/24 **Thursday** 3:00 PM - 6:00 PM  
South Toms River Recreation Center  
1 Drake Lane, South Toms River

12/13/24 **Friday** 3:00 PM – 6:00 PM  
County Connection (O.C. Mall)  
1201 Hooper Ave, Toms River

12/17/24 **Tuesday** 3:00 PM – 6:00 PM  
Lacey Branch of the Ocean County Library  
10 East Lacey Road, Forked River

Appointments Preferred for all vaccine locations at [www.OCHD.org](http://www.OCHD.org)

Walk-ins welcome and scheduled based on availability of the clinic.

**COVID-19 Vaccines offered at all Flu Clinics for 6 months and older.**

Flu, COVID-19 and Pneumonia vaccinations available at Ocean County College, Drive-Thru Location (**Parking Lot #3**) Toms River Every Monday 12pm – 6pm October 7th, 2024- December 16th, 2024

Flu and COVID-19 vaccines will be provided with **NO** out-of-pocket costs, with insurance documentation.

Individuals who do not have insurance can still receive a vaccine through our uninsured cost program.

More information and appointments please visit.

[www.ochd.org](http://www.ochd.org)